

Name:

## **YEAR 10 GCSE PE END OF YEAR EXAMINATION**

You will be tested on the following topics from the examination board specification sheets provided in this booklet:

- The structure and function of the skeletal system
- The structure and function of the muscular system
- Movement analysis
- Components of fitness
- Principles of training
- Optimising training (training methods)
- Prevention of injury

All of the areas above are in your exercise books from Y9 and your classwork from Y10, spend time looking at each section in the weeks leading up to the exam to ensure that you achieve the best grade that you can.